

NIA Waiver of Liability

I, _____, Participant, HEREBY
AGREE TO THE FOLLOWING:

Participant is aware that engaging in fitness, Yoga/Nia or other exercise classes may result in accident or injury, and the Participant assumes the risk connected with engaging in Yoga/Nia classes and represents that the Participant is in good health and suffers from NO physical impairment which would limit their engaging in yoga classes. Participant acknowledges that the **Yoga/Nia Teacher** has not and will not render any medical services including medical diagnosis of the Participant's physical condition.

Participant specifically agrees that the **Yoga/Nia Teacher** shall not be liable for any claim, demand, and cause of action of any kind resulting from or related to participant's use of the facilities or engagement in Yoga/Nia class or any activity within or without the facilities' premises, and Participant agrees to hold the **Yoga/Nia Teacher** harmless from same.

I have read the above release and waiver of liability and fully understand its contents.

I voluntarily agree to the terms and conditions stated above.

Signature of Participant

Date